A vampire facial for scalps? Plasma and fibrin injections could be the ultimate fix for thinning hair

New York dermatologist Corin Day, MD, administers four treatments of PRF spaced one month apart to improve the thickness and quantity of hair.

As great as PRF is for treating hair loss, we’re seeing the next iteration of it in the form of PRF on the scalp," says Los Angeles facial plastic surgeon Shari Karmit, MD. PRF contains a higher concentration of platelets, white blood cells, fibrin, and even a small amount of stem cells. The patient’s stem cells that differentiate into virtually any type of tissue. While the blood collection process for both procedures is the same, the centrifugation process used in which they differ. PRF is spun at much faster rates to separate the red blood cells from the plasma in turn. Filtration of any platelets, white blood cells and even stem cells. "The spinning process we use for PRF is slower, which allows the desired cells to be brought to the surface so they can be collected," says Dr. Karmit.

"The fibrin acts as a scaffolding of sorts which is what the platelets do, allowing for the growth factors to be released over an extended period of time. Similar to how fibrin works in the body where there’s no cut or wound," says Dr. Karmit. In PRF, the effects of PRF are essentially still working long after the first injections, which is what makes the treatment follicles regenerate and thicken the existing hair follicles. "Both FUE and PRF the growth factors are released in the first five minutes and the next 48 hours after that.

The 80 MILLION AMERICANS SUFFER FROM HAIR LOSS

Scalp Master

Hot on the heels of the eyebrow microblading frenzy comes scalp microblading, a new hair, semipermanent, pigment-based treatment that creates the illusion of a fuller hairline.

"Who is it best for? Those with dark or light hair (not grey) because the pigments blend well with natural hair and patchy spots. Fine strokes with a single tattoo needle make this look on the scalp look mimetic hair follicles. Scalp microblading does not grow new hair or thicken existing hair. But it will create the look of more hair, especially at the hairline and temples, and it’s the best possible solution."

WHAT TO EXPECT

The results, which are instant, can last two years, although the sun can fade the color. Because this is a superficial tattoo of sorts," says Lucy Hart, a reconstructive and permanent makeup expert. "In the beginning, I always recommend that clients don’t wash their hair for the first five days, as the pigment can really set."

Before: My cell is gone! My transfiguration was so dramatic that my 12-year-old daughter lost me in the supermarket because she did not recognize me.

After: