



EZGEL PROTOCOLS

Recommended by **Kian Karimi MD, FACS**

"In general, I recommend TWO sessions of ezGEL, spaced 4 to 6 weeks apart. An optional touch-up session can be performed 3 to 4 months after initial treatment"

TOP AREAS FOR TREATMENT WITH EZGEL

◆ UNDER EYES / TEAR TROUGHS:

This is one of the most effective areas for **EZGEL** in patients who have challenging anatomy or are not good candidates for HA filler.

• Session 1

Anywhere from 0.2 to 1ml of **EZGEL** in the periocular region, using a **DermaSculpt** microcannula, starting deep on the bone and then layering in the fat compartments. It should be placed beneath the orbicularis oculi muscle; avoiding injections into the muscle or beneath the skin. Overfilling the area is not recommended, and if it occurs, it shouldn't exceed 50%.

Optional: May inject superficially under the skin for skin boosting but may want to use **EZPRF** for this indication to avoid prolonged swelling.

Alternatively, consider microneedling with **COSMOPen** at depths between 0.25 to 0.5mm, with topical application of **EZPRF**.

• Session 2

Depending on retention of **EZGEL**, may modify accordingly and re-inject same or similar volumes as above.

⚠ *May rehydrate old filler that is not dissolved.*

◆ TEMPLES:

EZGEL is great for interfascial (on the DTF) injection with a 25 or higher gauge **DermaSculpt** microcannula.

It is recommended to inject between the temporal fascial layers (similar to a dermal filler) or supra-periosteal.

• Session 1

Inject 1 to 1.5ml and inject a bit in the tail of brow through one single port.

It is important to make sure we are on the DTF or on the periosteum of the forehead for safe injections.

Two sessions of filling are recommended.

• Session 2

Depending on retention of **EZGEL**, may modify accordingly and re-inject same or similar volumes as above.



◆ PERIORAL REJUVENATION:

Which can include lips, marionette lines, perioral rhytids, chin, nasolabial folds, and piriformis, are one of the best areas to inject **EZGEL** in multiple layers.

Depending on the patient needs, one can inject anywhere from 2 to 6ml of **EZGEL**.

A layered approach with deep injections first (piriformis, deep chin, deep prejowl sulcus) followed by superficial (nasolabial folds, marionette, upper and lower cutaneous lips), lips (submucosal) and finally intradermal injections for rhytids (perioral rhytids, labiomental sulcus, mental crease) is recommended.

A 25G **DermaSculpt** microcannula for the deep and superficial injections and a 32G needle for the intradermal injections are recommended. This can be done at a second session as well.

① *For nasolabial folds, you can refer to the latest clinical study conducted by Dr. Karimi, 'Effectiveness of an Autologous Filler in Patients with Moderate-to-Severe Nasolabial Folds,' published in Facial Plastic Surgery & Aesthetic Medicine | April 2025.*

◆ NECK REJUVENATION:

A more liquid/watery **EZGEL** can be used for this indication, by mixing a higher ratio of **EZPRF** (eg: 3ml of Albumin to 2.5ml of PRF).

We recommend using a 22G 2 ¾ **DermaSculpt** microcannula using a fanning technique.

Neck rejuvenation can be completed by mixing **EZPRF** or **EZGEL** with HA fillers, Sculptra, Radiesse, or Renuva.